Wilderness Medicine Institute
Wilderness First Responder Recertification Course Outline

DAY 1

8:00-9:30am	Introductions and Written Examination
9:30-11:00am	Patient Assessment System
11:00-11:30am	Shock
11:30-noon	Chest Injuries
12:00-1:00pm	Lunch
1:00-3:00pm	Spinal Management/Head Injuries
3:00-4:00pm	Wilderness Wound Management
4:00-5:00pm	Athletic Injuries

DAY 2

8:00-9:00am	Dislocations
9:00-10:00am	Fracture Management
10:00-11:00am	Traction Splinting
11:00am-noon	Hypothermia
12:00-1:00pm	Lunch
1:00-1:30pm	Heat Illnesses
1:30-:00pm	Altitude Illness
2:00-5:00pm	Medical Scenarios Including: Cardiac Emergencies, Respiratory Emergencies, Neurological Emergencies, and Anaphylaxis

DAY 3

8:00-9:00am	Scenario
9:00-10:30am	Medical Scenarios Including: Acute Abdomen, Gender Medical Concerns
10:30-11:45am	Closing Scenario
11:45am-Noon	Closing/Evaluations
12:00-1:00pm	Lunch
1:00-5:00pm	CPR

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